

Information Packet

This information packet is to give information about Advanced Laser Solutions on-site stop smoking treatments. We have developed a system to streamline the process of doing stop smoking laser treatments on-site at your workplace. We work with companies large and small to help their employee quit smoking for good.

Just a few of our corporate partners:













Advanced Laser Solutions 9699 Brookpark Rd Parma, Ohio 44129 216-663-0766



Pricing

	In our Office Prices	On-site Group Prices
Stop Smoking Laser Treatment	\$225	\$100
Stop Smoking Laser Treatment + Weight Loss Laser Treatment	\$245	\$125
Weight Loss Bio-Stim Laser Treatment	\$59	\$50

Payment

We accept payment in many different ways. These are the 3 most common ways.

- Employer pays 100% of employees stop smoking treatment. We invoice after the day of treatments.
- Employee pays full amount with credit card, check or cash at the end of their treatment.
- Employee pays 50% of treatment cost at time of treatment. Then employer is invoiced for the other 50% of cost.

These are the 3 most common payment methods. If you would like to set up a different payment, we can accommodate almost anything.



Set Up For Us

Set Up for our treatments on-site is very simple. We can be set up and ready to start treatments in as little as 15 minutes. We do all the setup. Here is what we would need.

- A clean room. Size (at least 15'x15')
- Six Chairs
- One long table or two smaller tables.
- 2 Electrical outlets.

Scheduling Employees

- We can comfortably accommodate 5 employees an hour.
- We can treat up to 50 employees in a ten hour day. If more than 50 employees need treatment, the following day/ half day would be required.
- We have attached a schedule for you to use in the event you would like to hire us for our stop smoking services.
- Employees should be scheduled two at a time, in 20 minute increments.
- Depending on the amount of employee or family members you have signed up, they should be scheduled in the tightest hourly time frame possible.

Please note: Start times are very flexible. If you need us to start at 5am for shift employees, or you need us to start at 6pm and proceed into the night, we can accommodate.



Other Details

- We do require a minimum of 10 clients to be signed up for stop smoking treatments. If in the northeast Ohio area.
- 2 hours outside of the Cleveland radius, we require 50 clients to be scheduled. We serve Ohio, West Virginia, Pennsylvania, Kentucky, Indiana, and Southern Michigan.
- Outside of these States, arrangements can be made to accommodate.

We know your job as an HR Manager or Health Coordinator is hard. We hope to make your job much easier and help as many of your employees guit smoking as possible. If there is anything you need or anything we can do to help in your decision making process, please let us know.

For questions, or to schedule an on-site treatment date, please call us at 216-663-0766.

Thank you **Denise Myers** Workplace Wellness Coordinator **Advanced Laser Solutions** 216-663-0766

advlasersolutions@sbcglobal.net

Below are two employee handouts and a form to be used for scheduling.



Stop Smoking Laser Treatment Employee Handout

Laser treatment works to help you quit smoking by taking away the physical 'urge' or 'need' to smoke. We do this by using a bio-stimulation laser that is completely painless. This is the same laser used in dentistry, pain therapy and wound healing.

When you smoke a cigarette, your blood pressure and heart rate increases. To counteract this, your body releases an elevated amount of a chemical called an endorphin. This chemical not only helps to get your heart rate and blood pressure back under control, it also is the chemical that gives you a calm, relaxed and pleasurable feeling from smoking. This calm and relaxed feeling lasts for about 15 minutes then ultimately leaves you feeling empty again and needing another cigarette.

One Laser Treatment can stimulate your body's production of endorphins at a slightly higher level than what you can get by smoking, thereby giving you the same physically relaxed feeling you get from smoking. This effect lasts consistently for about 15 days total. By doing this treatment we can effectively take away the physical 'urge' or 'need' for cigarettes for more than enough time to allow you to adjust to your new life as a non-smoker. You should feel just as physically calm and relaxed over the next 15 days as you would if you were still smoking.

The Laser will be placed on clusters of nerve endings or pressure points around the ears, nose, hands and wrists. These areas have nothing to do with quitting smoking. We are simply stimulating those nerve endings to cause your body to release the relaxing endorphin. You may feel a little warmth or tingling on some areas. Other areas you may not feel anything at all.

After the Treatment you should feel a little relaxed just as you would if you had just smoked a cigarette. This is exactly how we want you to feel throughout your full quitting experience. You should not feel drugged in anyway. You can go on about your daily business as normal.

Laser Treatment will not make you quit smoking if you don't want to quit. Laser Treatment will give you a physically relaxed feeling that will take away the need to smoke and all withdrawal feelings, thus helping you make the right decisions to continue to be a non-smoker.

We are here to help. If you have any questions please feel free to call our office anytime.

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Weight Loss Laser Treatment Employee Handout

How does Laser Work? Laser Treatment works to help you lose weight by reducing your appetite and causing you to feel fuller faster when you do eat. We do this by using a bio-stimulation laser. We place the laser at specific clusters of nerve endings painlessly spiking your body's production of endorphin. We do this multiple times throughout the treatment. By spiking your body's endorphin production we can stimulate your body's own appetite suppression response. This will stay active for at least 28 days. (If you're a smoker, this treatment will help you to avoid gaining weight after you quit smoking and can be done at the same time as your smoking treatment.)

Is it painful? Laser Treatment is not painful at all. It is actually very relaxing. You may feel a little warmth or tingling on the areas the laser is placed or some areas you may feel nothing at all.

Will I still feel hunger? Yes you will still feel hunger, just not the level of hunger that you are used to. One of the biggest benefits to the weight loss laser treatment is that you will feel fuller much faster when you do eat.

What about the mental part of losing weight? Laser can take away the overwhelming appetite that you are used to and cause you to feel fuller faster when you do eat, but it cannot change your habits and routines. We hope that you use the lasers appetite reduction qualities over the next 28 days to adjust some of your habits (walking more, eating less portions, eating healthier whole foods and avoiding processed foods and drinking more water) so that you can continue to lose weight on your own after the effectiveness of the treatment wears off.

Are there any side effects? There are no side effects to this laser treatment. It has been FDA cleared as a non-risk procedure. This treatment has been used safely and effectively around the world for over 30 years.

Will this treatment make me lose weight? No. Laser is here to help curb your appetite for a defined length of time, giving you the opportunity to get into a good routine of eating healthier, smaller meals. Adding exercise can only boost your weight loss results.

We are here to help. Please feel free to call our office with any questions you may have.

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On-Site Stop Smoking Bio-Laser™ Treatments
Employee Treatment Schedule (2 people per 20 minute increments max.)

Time	Name	Name